

SCENE

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Professor also a renaissance man

Jo Miller
Staff Writer

Dr. Anthony Clark, a Whitworth Chinese history professor, examined anti-Catholicism and Catholic resistance in Maoist China on Wednesday, Nov. 10. The lecture was a part of the William L. Davis lecture series, an annual event highlighting specific and important research at Gonzaga University.

The Roman Catholic Church was one of the top enemies of the Communist Party in China in the 1950s. The announcement of the beginning of the People's Republic of China by Mao Zedong in 1949 caused battle lines to be drawn between Chinese Catholics and the Chinese government.

The Catholic youth of China came together and formed the Legion of Mary as a way to combat communism. The government was aware of the Catholic opposition and chose the media as its first weapon to fight the surging Catholic presence in Shanghai, Clark said.

Stories were printed accusing nuns of taking abandoned baby girls, murdering and then eating them. An intense cartoon campaign was started to suppress the Legion of Mary and Catholic bishops who were on their side.

"Cartoons are not innocent, especially in this context," Clark said. "To be Catholic was to be unpatriotic."

On Sept. 8, 1955, Bishop Kung, a spearhead of the Catholic resistance, was arrested along with Catholics all over the city. The Catholics who refused to leave the Legion of Mary were put into labor camps where most of them later died. Additionally, nuns were imprisoned and some, along with priests, were buried alive. The government continued its attack via media by ordering feature stories to be printed about people who sided with the government.

By the time 1960 came, hardly anyone

knew of any Catholics. Churches were turned into candy factories and kindergartens.

"Now the Catholic church is exploding in China," Clark said.

In 1949 there were only 4 million, now there are about 80 million Christians in China.

Clark spent last summer researching in mainland China. He was given permission to look at newspaper archives in Shanghai that described the Maoist policy to suppress Christianity. The content of his lecture disclosed this new research, including displays of rare photos and cartoons he photographed from the newspapers he studied in Shanghai. The photos included a protest against the Legion of Mary, a Catholic parade carrying a statue of the Holy Mother Mary and the court trial of Bishop Kung.

Clark is a sinologist, one who studies Chinese history, language and culture. He is a Catholic and has gotten permission to do official research in the Pope's private library in the Vatican where he has a card of access. He uses it off and on when he is in the area and said he particularly likes being saluted by the guards.

Clark is a recent addition to the Whitworth community. He was hired here in 2009 after teaching at the University of Alabama and before that, the University of Oregon. Clark wrote to a friend asking if he knew of any universities that care about students and the Christian mission. His friend suggested Whitworth. Clark went on the Whitworth website, saw an opening and applied.

"I think I celebrate the genuine care professors give to the whole development of students," Clark said.

He said he appreciates how good-hearted the professors and the students are. It is both challenging and fun for him to be a part of the transition of leadership and the growth that the university is going through.

Alicia Bratlien, a senior in Clark's History of Christianity in Asia class, said she enjoys the personal atmosphere and relaxed setting Clark creates in the classroom.

"He's really enthusiastic and he welcomes you to share your opinion," Bratlien said. "He's brilliant, but does a good job of not being intimidating."

Bratlien said Clark is passionate about China and he conveys that in his lectures.

"He shows the real China that people don't see unless you talk to someone like him," Bratlien said.

Clark first became interested in China as a boy. He was put into a Tai Chi class by his parents because, as he said, he was mischievous, hated sleeping and hated being good. The teacher of his class was an old Chinese man who told him stories about China and



Patrick Yoho / Whitworthian

Dr. Anthony Clark has spent much of his life studying China. He has been enjoying his time at Whitworth as a professor of Chinese history.

showed him how China is the reverse of the West.

"As a boy, I became infatuated with seeing the world in a different way," Clark said. "I became in love with China and China changed my life."

Clark started traveling to China in 1996 and will be going back in the fall to do a semester trip with Whitworth students. He will be living with the students in Beijing and giving lectures at significant historical locations.

Students are intrigued by some of Clark's unique personal history and the fact that he is a professor who possesses some rare talents.

Clark used to be a monk at a Benedictine Monastery in Mount Angel, Ore. There, he said, he spent most of his time praying and studying theology and philosophy. He even taught the monks how to do Chinese Tai

Chi and still occasionally goes back to visit them with his wife.

Some of his additional physical skills include break dancing, which he has done in class. Clark used to be part of a break dancing team.

"He was actually really good," Bratlien said. "It's stuff like that, that makes you feel really at ease in his class."

In academic life currently, Clark is excited about a book he has coming out in February about Christian martyrdom in China. It demonstrates the problem of cultural ignorance. He is also hosting a TV series called "The Saints of China: Martyrs of the Middle Kingdom." The 13-part series will air in spring 2011 on Eternal Word Television Network.

Contact Jo Miller at
jo.miller@whitworthian.com

Newsworthy Notes:

FAVORITE SONG:
"So What" by Miles Davis.

FAVORITE PASTTIME:
Reading to the ticking of old clocks in his apartment.

FAVORITE SNACK AS A COLLEGE STUDENT:
Chickens' feet.

SECRET PASSION:
Reading postmodern philosophy.

FAVORITE THING TO COLLECT:
Books. Clark has a library of 5,000 books, many of them rare.

'Paranormal Activity 2' shocks viewers

WRITER'S REVIEW

Karly Muller
Staff Writer

For some, there could be nothing worse than watching horror films, but for others, it is the perfect adrenaline rush. "Paranormal Activity 2" is a fix for those who seek their thrills through horror movies and has spines chilling all over the country. According to imdb.com, fans waited in sold-out lines for the midnight show and the movie has grossed more than \$65 million.

The movie phenomenon started with the first "Paranormal Activity," which came out in 2007. It made considerably less money, but sparked interest in viewers and brought them back for the second one. The second movie isn't an exact sequel to the first; one doesn't have to see the first one to understand the plot of the second, although two characters from the original are present in

the second.

"Paranormal Activity 2," which is set in suburban California town, tells the story of Kristi, played by Sprague Grayden, and Dan, played by Brian Boland, bringing their newborn baby boy Hunter home from the hospital. The story at this point is told through a series of home video clips shot by Dan's daughter Ali from a previous marriage, played by Molly Ephraim. At no point is the film shot through regular movie cameras, and the beginning of the movie is all home-video footage.

The movie skips to a year later when their home is presumably broken into and completely trashed, though both doors were locked when the family came home. Nothing is seriously damaged and the only item missing is a necklace given to Kristi by her sister. Dan then decides to put a number of surveillance cameras around the house to watch for future intruders. The remainder of the movie is shot with home video clips

and footage from the surveillance cameras.

The cameras capture footage of mysterious things the family cannot explain. Soon

MOVIE REVIEW
PARANORMAL ACTIVITY 2

★★★★

Director: Tod Williams
Starring: David Bierend, Brian Boland, Molly Ephraim and Katie Featherston
Genre: Horror
Rating: R
Running Time: 91 min.

the disturbances turn violent and target the family. Though Ali was the only one at first to believe it was paranormal forces at work in her home, it becomes obvious to the family during the rest of the movie that the activity was without a doubt paranormal.

What some viewers find so

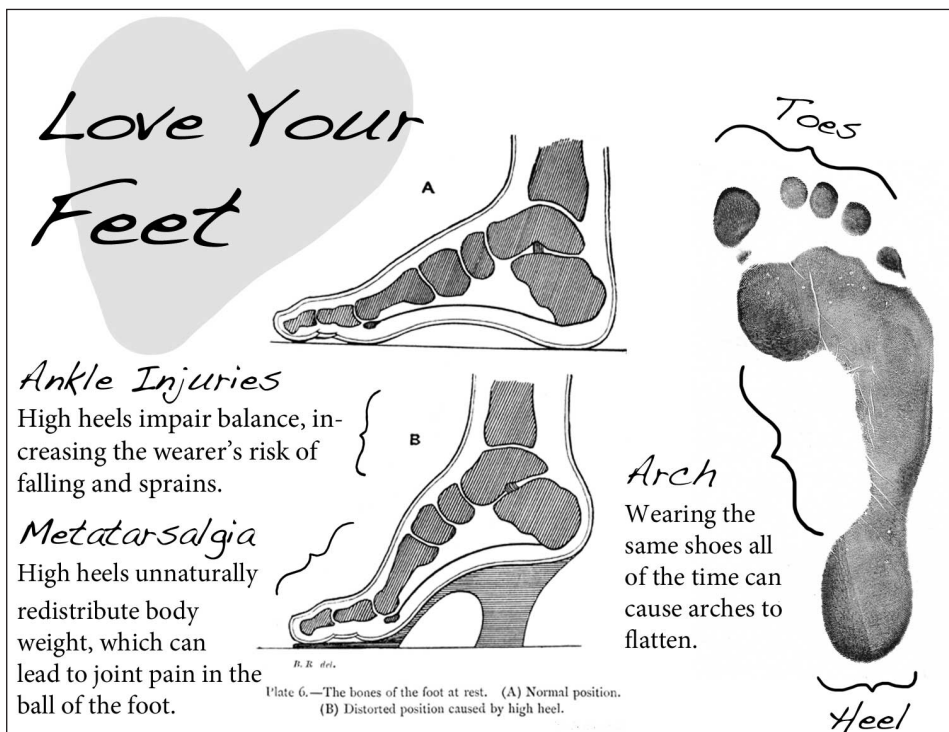
haunting about this movie is the real-life feel given off by the actors and surveillance cam-

eras. The dialogue during the movie is in such a way that suggests it was not written, but instead just a conversation between people on screen. The cameras are not maneuvered by professionals and all the footage captured came from the family. Although the footage is all shot in unconventional styles, it doesn't take away from the authenticity of the film. In fact, it adds to it: the audience tends to forget that they are watching a written and produced film because the conversational dialogue and home-like feel of the footage are so convincing.

Another reason people find it so frightening is that the disturbances depicted in the movie are things that many people experience in their day-to-day lives. Lights flicker unexpectedly, unexplainable creaks and noises come from downstairs and the family dog seems to be restless for no reason.

Contact Karly Muller at karly.muller@whitworthian.com

SCENE



Save suffering feet

Brittani Avalon
Staff Writer

Current society dictates that shoes are equal parts necessity, status symbol and fashion statement. Shoes are expected to provide support and protection and get us from place to place. But how are these fashionable shoes affecting feet, back and overall physical health?

According to the Spokane Foot Clinic, shoes can cause great harm. Although society promotes high heels as the “sexy footwear” of American culture, the medical community points out that heels encourage problems with knees, back and leg muscles. They can also contribute to unnatural gait and increased chance of falls and resulting injuries.

Those who work in professions where long periods of standing are required know exactly how important practical shoes are.

Renee Fagras, former hostess at Chili's Restaurant in Spokane, said shoes offering a lot of support make a long day tolerable.

Fagras said she likes working in shoes with lots of cushy support.

“When working on hard tile, my legs and bottom of feet were always sore after a shift,” Fagras said.

After months of stress on her feet at her job because of high heels, she learned a valuable lesson in taking care of her feet, which translated into good foot care in the rest of her life as well.

“Outside of work, I enjoy comfortable and practical shoes like BearPaw boots, pretty flats and cute-but-comfortable heels,” Fagras said.

Angela Carasco, a registered nurse from Longview, Wash., agrees that comfort and fit are essential when choosing footwear of any kind. She points out that individuals should never wear shoes that negatively impact balance or cause the individual to walk like a 2-year-old playing dress-up in their mother's shoes.

“If you have to walk like a duck, it's a sign that there's a serious problem with your shoes,” Carasco said.

While walking like a duck is not the look most 20 year-old girls are going for, the repercussions of wearing ill-fitting shoes are far more serious than mere image issues.

“Young people don't realize that while their feet may seem fine now, they may be causing long-term problems which won't turn up for years,” Carasco said.

She said many patients, generally between middle-age and old age, deal with problems of posture and back, shoulder and knee pain. Bunions and improperly-shaped toes also make the list of common complaints.

“People take their feet for granted until it is too late and they are coming in to have foot surgery,” Carasco said.

But regardless of the fact that caring properly for feet is essential, shoes should not be seen as the enemy, and healthy footwear does not have to be ugly. The Spokane Foot Clinic of Spokane has a variety of suggestions for minimizing shoe-related problems and complications.

The clinic states it is important to make sure that shoes fit comfortably. The best way to ensure this is to buy shoes toward the end of the day when feet have swollen to their largest size. It's also important to dispose of tattered or worn shoes as soon as possible.

“Avoid heels every day, and choose different shoes with varying heel heights,” Carasco said.

Alternating heel heights can actually help define muscles, whereas consistently wearing heels over two inches can damage the arches of the feet and also shorten the calf muscles.

This can cause an unnatural gait which may result in awkward spinal positioning and lead to back problems as well as a myriad of other skeletal complications.

The Spokane Foot Clinic also suggests cultivating a variety of shoes in different styles and designs, and emphasizes the importance of wearing the correct shoe for each activity.

Carasco said there are many shoe styles that are both supportive and pretty.

“If you have to wear heels, try a platform that looks high but really has a much smaller angle for the arch of the foot,” Carasco said.

Again, the key is rotating shoes daily, regardless of whether they are flats, boots, tennis shoes or heels. The arches of the feet tend to fall if the same footwear is used every day.

So what about those gorgeous four-inch platforms saved for Friday girl's night out?

The Spokane Foot Clinic recommends limiting the time heels are worn by packing a spare pair of flat, practical shoes as well.

“Save heels for that special occasions. Just find heels that fit, have a cushion and avoid walking long distances in them,” Carasco said.

Contact Brittani Avalon at
brittani.avalon@whitworthian.com

small venues create BIG sound

Maddie Hayes
Staff Writer

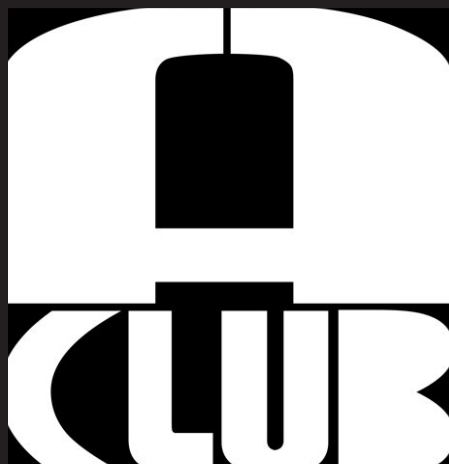
Empyrean Coffee House



This shop used to be called the Big Dipper. Serving up delicious coffee and some traditional and non-traditional food pairings (including pizza), The Empyrean is a favorite destination for a show in Spokane. The cover for shows is typically \$10 or less, and they even carry beer and wine for those who are of age. The stage is high up, which provides a good view of the show for all audience members. Musical acts are typically of the acoustic, indie, pop or rock genres. This place is typically full of hipsters. If that's not your scene, you might try a different venue.

Kelly Lunde/Whitworthian

The A Club



The A Club is a newer venue where you'll find more of your straight rock shows, but they host plenty from other genres too. Ticket prices generally range from \$5 to \$10. Many of the shows are for those audience members who are 21 and over, but there are all-ages shows periodically. To check their calendar, go to their website, www.aclubspokane.com, for an up to date calendar and pricing information.

[facebook.com/pages/Spokane-WA/The-A-Club](https://www.facebook.com/pages/Spokane-WA/The-A-Club)

Zola



This venue is for the 21 and older crowd. The most notable thing about Zola is the interior design. It's worth checking out simply to grab a drink and sit in the vintage tilt-a-whirl booths. There is an upstairs with a ledge looking over the main portion of the bar and the stage. They feature live music every night from Tuesday through Saturday. Check out their calendar of events at www.zolaspokane.com to see which band is playing each night, because they've got all sorts of different artists coming in to play.

Jordan Beauchamp/Whitworthian

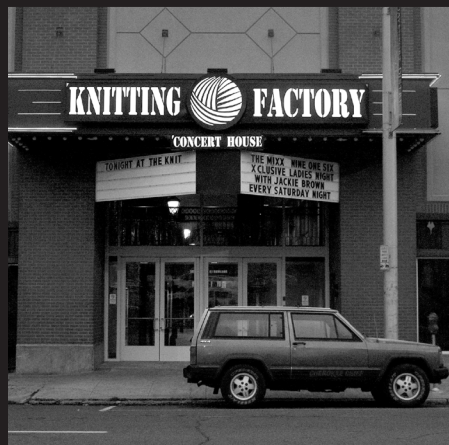
Isabella's Restaurant & Gin Joint



This joint is for the 21 and older crowd. Isabella's recently implemented live music on Friday and Saturday evenings every week at their popular restaurant. It's a more upscale place, so head here if you want a nice night out on the town. Their happy hour runs from 4-5:30 p.m. Monday through Saturday and all day on Sunday. They currently have a rotation of Save Lefty, a local classic cover band, and Cris Lucas, a rock/soul artist, for their live music on the weekends.

Jordan Beauchamp/Whitworthian

The Knitting Factory



If you're looking for a more mainstream scene, The Knitting Factory is the place. They generally feature artists more likely to be heard on the radio, everyone from Sara Bareilles to 3OH!3 to Built to Spill. Ticket prices depend on the show, and all the information is listed on their website, sp.knittingfactory.com. There is a separate bar area for those over 21, but plenty of room for an all-ages crowd.

Chrissy Roach/Whitworthian

THIS WEEK ONLINE



SLIDESHOW

Robinson Science Building

Get an inside look at the newest building on campus.

SLIDESHOW

The Empyrean

Check out photos from a recent benefit show at the Empyrean.

SLIDESHOW

Mancation 2010

Men, manly speakers, epic dodgeball and more men...